

What is Care Management?

Our approach to care management builds upon client and family strengths. Our care manager helps the participant to build skills toward independent living and assists parents and guardians with accessing resources and supports. Our care manager is a good person to reach out to as a first point of contact with your questions and concerns.

How does the Care Manager help participants in the program?

The care manager helps participants with their goals toward independent living. This can include any of the following:

- Community Supports
- Health Insurance and Mainecare
- Assistance with medication (organizational tools, reminder calls, pharmacy calls)
- Help with housing, food, etc.
- Other independent living goals - driver's license, public transportation
- Referrals to other services
- Discharge planning

How does the Care Manager partner with families?

The care manager helps families to get oriented to the program, to connect with all staff members and to other families. The care manager assesses family support needed to be successful in the program. The care manager also facilitates Multifamily Group and a parent only support group.

Frequently Asked Questions

How often do we meet?

As often as is helpful - it can range from a few times per week to monthly.

Where do we meet?

Our care manager can meet in the office or in the community dependent on the goal.

Is it required that I meet with the Care Manager?

We like to have you know our care manager as this person is helpful in connecting with all other members of the team. This person also has a wide knowledge of services and opportunities in the community as well as in our system.