PSYCHOSIS SCREENING IN PRIMARY CARE

**KNOW THE SIGNS**

- **FUNCTIONAL**
  - decline
- **ATYPICAL**
  - perceptual experiences
- **COGNITIVE**
  - difficulties
- **THOUGHT**
  - disturbance or unusual beliefs
- **SPEECH**
  - or behavior that is disorganized

**FIND THE WORDS**

- Have you started to wonder if your mind was trying to trick you or was not working right?
- Have you felt confused whether an experience was real or imaginary?
- Have you seen objects, people, or animals that no one else could see?
- Have you heard voices or sounds that no one else could hear?
- Have you thought that the world may not be real or that you may not be real?
- Have you thought that people were following or spying on you?

Follow up with questions to determine:

- What is the EXPERIENCE like?
- Is it IMPACTING them?
- Is it RECURRING or PROGRESSING?

For more information, go to psychosisscreening.org
MAKE THE CONNECTION

REASSURE & REDIRECT if symptoms are not psychotic-like/are consistent with:
- Cultural/familial norms
- Developmental stage
- Other mental/medical health diagnoses

PHYSICAL EXAMINATION
- Mental status & cognitive functioning
- Signs: fever/endocrinopathy/metabolic illness
- Neurological exam
- Tachycardia or severe hypertension

LABORATORY STUDIES
- CBC with differential (infectious illness?)
- Metabolic panel/urine toxicology
- Imaging & EEG only if indicated

BASELINE STUDIES PRIOR TO MEDICATION
- Lipid profile & glucose (fasting)
- Height, weight, BMI, waist circumference
- Comprehensive metabolic panel

For more information, go to psychosisscreening.org